

# VAL MARIE SCHOOL SPRING NEWSLETTER



## Principal's Message

SPRING HAS FINALLY SPRUNG AND OUR SCHOOL AND COMMUNITY FIND THEMSELVES IN A BUSY TIME OF YEAR! LOTS HAPPENING ON THE FARM AND RANCH WITH CALVING, FENCING, SEEDING, BRANDINGS, FIELD WORK, ETC. IN FULL SWING. IT'S TIME TO GET OUTDOORS AND ENJOY THE LONGER DAYLIGHT HOURS AND SUNSHINE. IT'S GOOD FOR ALL OF US! WITH THIS IN MIND, PLEASE REMEMBER THAT IN ORDER TO FUNCTION, OUR BODIES STILL NEED ADEQUATE SLEEP. BEDTIME ROUTINES ARE IMPORTANT AND HELP YOUR STUDENT CONTINUE TO LEARN AND FUNCTION AT SCHOOL. WITH TWO MONTHS IN THE SCHOOL YEAR LEFT TO GO, WE STILL HAVE LOTS OF ACTIVITIES AND MATERIAL LEFT TO COVER.

THANK YOU TO CONSTABLE DELANUE FOR HIS RECENT TRIP TO VAL MARIE SCHOOL TO PRESENT THE ICE (INTERNET CHILD EXPLOITATION) TO THE GRADE 7-12 STUDENTS AND FOR PARENTS AT THE SCC AGM. THANK YOU TO THE SCC MEMBERS FOR THE AGM SUPPER AND MEETING ON APRIL 18TH. WE ARE ALWAYS LOOKING FOR MORE COMMUNITY MEMBERS TO JOIN SCC SO PLEASE CONTACT THE SCHOOL IF YOU ARE INTERESTED.

BADMINTON SEASON IS IN FULL SWING WITH BOTH THE SENIOR DISTRICTS AND JUNIOR SECTIONALS HAPPENING THIS WEEKEND. GOOD LUCK AND CONGRATULATIONS TO ALL OUR PLAYERS ON A GREAT SEASON! TRACK AND FIELD COMPETITIONS ARE FAST APPROACHING WITH THE GRADE 6-12 STUDENTS COMPETING IN SECTIONALS ON MAY 22ND IN SWIFT CURRENT, K-5 STUDENTS WILL COMPETE IN FRONTIER ON JUNE 7TH, AND JUNIOR TRACK (GR.4-7) HAPPENING NEAR THE END OF JUNE. GOOD LUCK ATHLETES!

PIANO LESSONS HAVE WRAPPED UP THIS WEEK AND WHILE WE WERE UNABLE TO HAVE A RECITAL THIS YEAR, WE WILL PLAN BIGGER AND BETTER NEXT YEAR! THANK YOU TO THE PIANO STUDENTS FOR THEIR HARD WORK AND PRACTICE. IT HAS BEEN MY PLEASURE TO TEACH YOU AGAIN THIS YEAR.

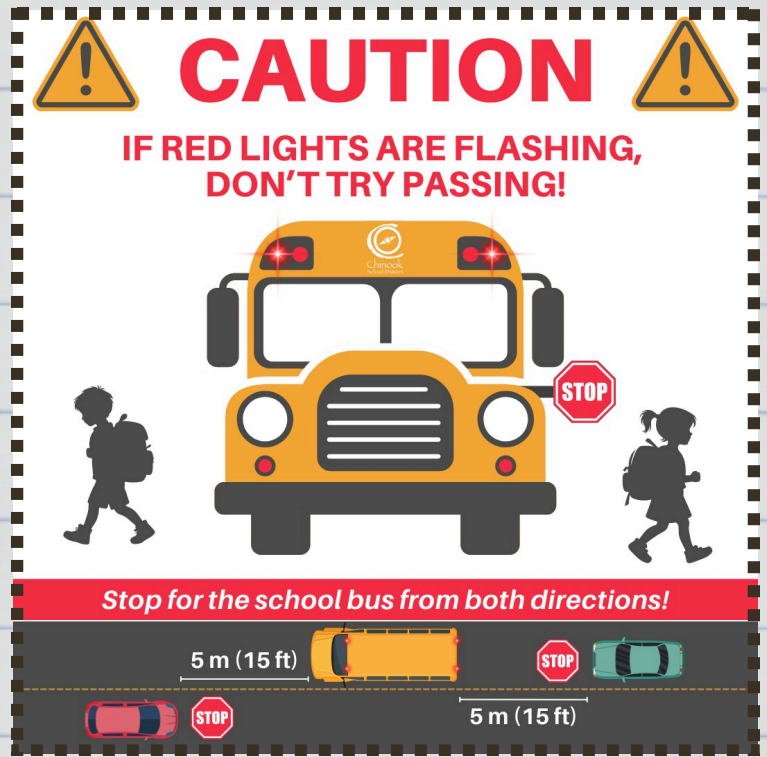
THE VAL MARIE GRADUATION CEREMONY ON JUNE 7TH WILL KICK OFF JUNE ACTIVITIES. THIS, IN ADDITION TO CLASSES WRAPPING UP, FINAL EXAMS, AWARDS DAY AND BBQ LUNCH AND EACH HOMEROOM CLASS PLANNING A FIELD TRIP (LOOK FOR IMPORTANT DATES LATER IN THE NEWSLETTER). FIELD TRIPS ARE MADE POSSIBLE THROUGH VARIOUS SCHOOL FUNDRAISING ACTIVITIES SUCH AS THE SPRING PLANT ORDER AND THE MOM'S PANTRY ORDER. WE APPRECIATE THE COMMUNITY SUPPORT WE RECEIVE THROUGHOUT THE YEAR THAT ALLOWS OUR STUDENTS TO TAKE FANTASTIC YEAR END FIELD TRIPS THAT COMPLIMENT THEIR ACADEMIC LEARNING. THANK YOU FOR ALL YOUR SUPPORT!

MRS. S. LEGAULT




# HAPPY BIRTHDAY

Kaydence Glas ~ March 9  
Kristian Mything ~ March 19  
Josie Legault ~ March 27  
Jade McGuire ~ April 6



**CAUTION**

IF RED LIGHTS ARE FLASHING,  
DON'T TRY PASSING!



Stop for the school bus from both directions!

5 m (15 ft) 5 m (15 ft)

STOP STOP

**REMINDER**

**SUPERVISION**

**DOES NOT**

**START UNTIL**


**8:30 A.M.**


**DON'T FORGET!**

## Val Marie School DeVry Plant Fundraiser

Orders due  
May 1st  
Orders Arrive May 22nd



 "PLEASE REMEMBER TO PACK  
CONDIMENTS AND UTENSILS FOR YOUR  
STUDENT'S LUNCH AS THE SCHOOL DOES  
NOT SUPPLY THESE ITEMS."



**REMEMBER**


**MILK CARDS \$20 FOR 15 MILK**

**POPCORN EVERY WEDNESDAY**



# ELC HOT LUNCH

MAY 6TH - HOT DOGS, CHIPS, ICE TEA  
\$5 FOR 1 HOT DOG, \$7 FOR 2, \$9 FOR 3

MAY 27TH - PASTA BAKE WITH GARLIC TOAST,  
 DESSERT AND JUICE - \$7 FOR  
REGULAR ORDER, \$11 FOR LARGE ORDER

PLEASE COME TO THE NORTH DOORS OF THE SCHOOL  
(ADJACENT TO THE PLAYGROUND) AND RING THE BELL.

Staff and children from  
the ELC did a litter pick  
of the entire school  
grounds on Earth Day



## SCC News

The School Community Council (SCC) extends its gratitude to all who attended our Annual Meeting and the RCMP presentation on April 18th. This year, we celebrated bus driver and staff appreciation days with gifts, organized and served a formal Christmas lunch for students and staff, contributed to funding a new oven for the kitchen, and the front yard garden project. Our meetings occur approximately once a month throughout the school year. We are looking forward to the bustling final months of the school year. A heartfelt thank you to our returning and ongoing members, and we warmly invite new members who are interested in joining us. The members for the 2024-2025 year are Amy Andree, Jen Mything, Colin Schmidt, and Krista Cairns.

## Upcoming Events

April 27th ~ Jr. Badminton @ Ponteix  
April 27 ~ Sr. Districts @ Swift Current  
May 4th ~ Jr. Badminton Districts @ Swift Current  
May 3rd ~ Banner Presentation @ Ponteix Middle Years  
& High School  
May 4th ~ Senior Badminton @ Saskatoon  
May 22nd ~ Track & Field Sectionals @ Swift Current  
May 27th ~ No School  
May 29th ~ Track & Field Districts @ Swift Current  
June 4 ~ Home & Away Youth Workshop Grades 5-12  
June 7th ~ Val Marie Graduation ~ Pierce Schmidt  
June 7 ~ Elementary Track & Field @ Frontier  
June 18 ~ BBQ Lunch & Awards Day  
June 20 ~ High School Exams Start  
June 21 ~ Indigenous Day  
June 26th ~ Last Day of Classes  
June 27 ~ Report Cards



Students in grades 3 to 9 participated in the Royal Canadian Legion poster contest in November. Winners of the local contest were awarded their prizes at school. Elizabeth Legault and Mason Mything were also winners in their zone. Congratulations to all the winners!



# K~4 Classroom News

K-4 celebrated the **100th Day of School** with collections of 100 things and making a 100s snack!

K-4 celebrated **St. Patrick's Day** by seeing if they could reach the end of the rainbow! We learned all about the different kinds of rainbows, how they are formed and why we see them. We even ate a rainbow of snacks!

**Growing goodness!** K-4 once again participated in the Little Green Sprouts program through Ag in the Classroom. We grew and tasted a variety of delicious sprouts! Some of us went back for 2nds, 3rds and 4ths!

**Kinder-Garden at the Greenhouse;** special thanks to Albert and Therese Chabot for helping us grow great things!

**Thank you to the SCC** for the incredible donation of landscaping and securing the funds to build a permanent kinder garden at the front of the school! Stay tuned for construction updates!

## Earth Day Puppet Show

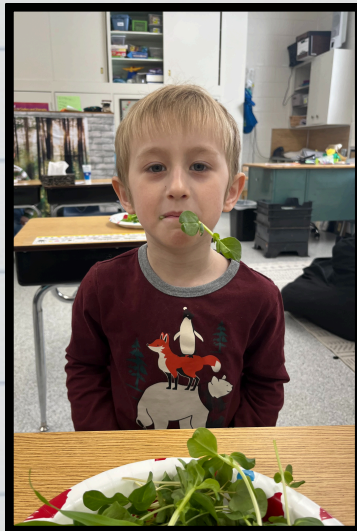
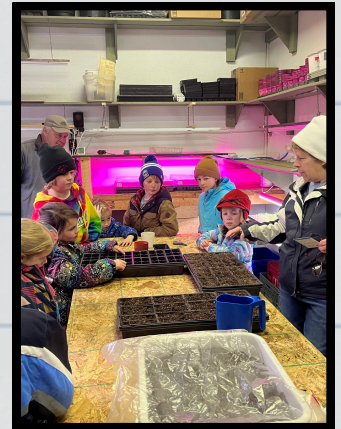
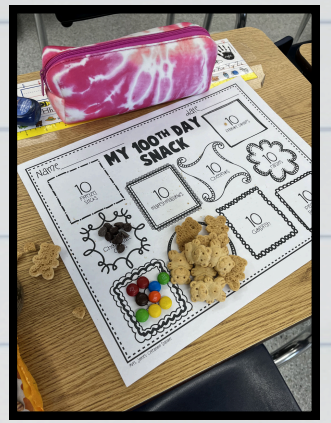
**Thank you** to all of the parents who came out for Parent-Teacher Interviews and checked out our Otter Display, inspired by the book Odder. We loved learning about the kelp forest, the inter-dependence of plants and animals and how important a keystone species is to an ecosystem.

Sarah Glas came to our classroom to help us build a self-sustaining ecosystem under the water. Just like the otters used a kelp forest, cherry shrimp are now a live and thriving in k-4! We are welcoming our first baby shrimp this week! Thank you Sarah!

Bike Safety Day on Friday April 26 with RCMP.

**Calem Watson the Adventurer** came to the school for a presentation on March 15 about his 120 day solo canoe trek through the Northwest Territories to the Arctic Circle! We learned a lot and his photos and video footage were amazing!







Ford KM

Collage Poem

Collage a poem using the cut out magazine words. Arrange and rearrange them until you have something you're happy with! Glue the pieces down on this paper.

Hunting **AN AMERICAN EXPERIENCE**

Cheers & Jeers of the **First Shot**

Years Hunting: Any Gun Will Do  
THERE IS MASSIVE

Heroes of Conservation

Get in **THE** Road

Collage Poem

Collage a poem using the cut out magazine words. Arrange and rearrange them until you have something you're happy with! Glue the pieces down on this paper as a final draft.

The **past** is **TO LEARN** **from**,

**NOT TO DWELL** **ON**

The **Present** is to make

**your Self** Better

and The **Future** Is

Going **TO BE BRIGHTER**

Joama

# Grade 11 Collage Poems

Collage Poem

Collage a poem using the cut out magazine words. Arrange and rearrange them until you have something you're happy with! Glue the pieces down on this paper as a final draft.

get outdoors  
this **WINTER**

**explore**

the world **UNDISCOVERED** **SEE IT!** get **OUT AND ABOUT**

year **FIND** **CANADA'S** **MO**

legendary **elements** And **everything in between.**

JW

10

Middle of nowhere.

**There is**

A perfect combination. of **TRAILS**

**BUILT TOUGH** with **GREAT** **VIEW** **S** **SO**

**Get Comfortable**

JP



# Skating & Curling Fun Day





# MY Stress Busters

3 ways to get organized

3 activities I enjoy

3 things I'm grateful for

3 songs that boost my mood

3 ways to get exercise

3 people to connect with

3 deep breaths

3 positive self-talks

3 ways to get better rest

# Spring Bucket List



## Go Explore

Visit an Arboretum

Feed Baby Animals

Trip to the Garden Store

Go Hiking

Feed the Ducks at the Pond

Go Fishing

Shop at the Farmer's Market

Visit a New Park

## Spring Science

Measure the Rain

Go star-gazing

Dye Easter Eggs

Plant a Seed

Hold a worm

Hunt for Bugs



## Outdoor Fun

Fly a Kite

Go Barefoot in the grass

Puddle-jumping

Blow bubbles

Pick wildflowers

Lie down & watch the clouds

Have a Picnic Lunch

Take a Bike Ride

Listen to the birds

Skip Rocks

Storytime in the hammock

Sleep with the windows open

create with Chalk

Build a Fairy Garden

Go on an Egg Hunt

If you see **BULLYING**

**TAKE THEM AWAY FROM THE PERSON BULLYING.**

**WALK AWAY AND TELL AN ADULT**

**ASK THE KID BEING BULLIED TO JOIN IN AND BE YOUR FRIEND**

**TELL THEM TO STAY AWAY. NO-ONE DESERVES TO BE BULLIED**

**BE KIND TO THE KID BEING BULLIED. SHOW THEM YOU CARE**

**DON'T LAUGH AND JOIN IN**

**STAND UP AND TELL YOUR TEACHER**

Help make our school **A BULLYING FREE SCHOOL!**